Myeloma **Buddy**

Knitting Pattern

This cuddly Buddy is knitted flat and sewn together.



Materials

- DK/worsted weight yarn in orange, such as Hayfield Bonus in shade 981 (Orange), or Hobbycraft Everyday DK in shade HED19 (Orange)
- 3.0mm knitting needles
- Tapestry needle
- Poly fibre fill
- Black yarn (DK)

Gauge

Your stitches need to be tight enough to not show the filling in between. Finished Buddies should be around 18cm/7” high.

Abbreviations

K2tog/K3tog: Knit two/three stitches together

P2tog/P3tog: Purl two/three stitches together

kfb: Knit into front and back of the same stitch

Pattern

Head, body and legs

Cast on 28 sts, leaving a 30cm/12” long tail

Row 1: Purl across row

Row 2: Kfb across row (56 sts)

Row 3–9: Work in stockinette stitch

Row 10: K7, K3tog six times, K6, K3tog six times, K7 (32 sts)

Row 11–19: Work in stockinette stitch

Row 20: K15, kfb twice, K15 (34 sts)

Row 21–41: Work in stockinette stitch

Row 42: K7, K2tog twice, K4, K2tog twice, K4, K2tog twice, K7 (28 sts)

Row 43: Purl across row

Row 44: Knit across row

Row 45: Purl across row

Row 46: K8, kfb 12 times, K8 (40 sts)

Row 47–Row 61: Work in stockinette stitch

Row 62: K5, K2tog, K8, K2tog, K8, K2tog, K8, K2tog, K3 (36 sts)

Row 63: Purl across row

Row 64: K4, K2tog, K7, K2tog, K7, K2tog, K7, K2tog, K3 (32 sts)

Row 65: Purl across row

Row 66: K3, K2tog, K6, K2tog, K6, K2tog, K6, K2tog, K3 (28 sts)

Row 67: Purl across row

Row 68: K2, K2tog, K5, K2tog, K5, K2tog, K5, K2tog, K3 (24 sts)

Row 69: Purl across row

Row 70: K2tog across row (12 sts)

Leave a tail of about 30cm/12” and thread it through the stitches left on knitting needle and pull together.

Arms

Make two.

Cast on 7 sts leaving a 20cm/8” tail

Row 1: Purl

Row 2: Kfb across row (14 sts)

Row 3–16: Work in stockinette stitch

Row 17: P2tog across row (7 sts)

Cast off.

Almost there! See next page for instructions on how to shape and finish your Buddy.

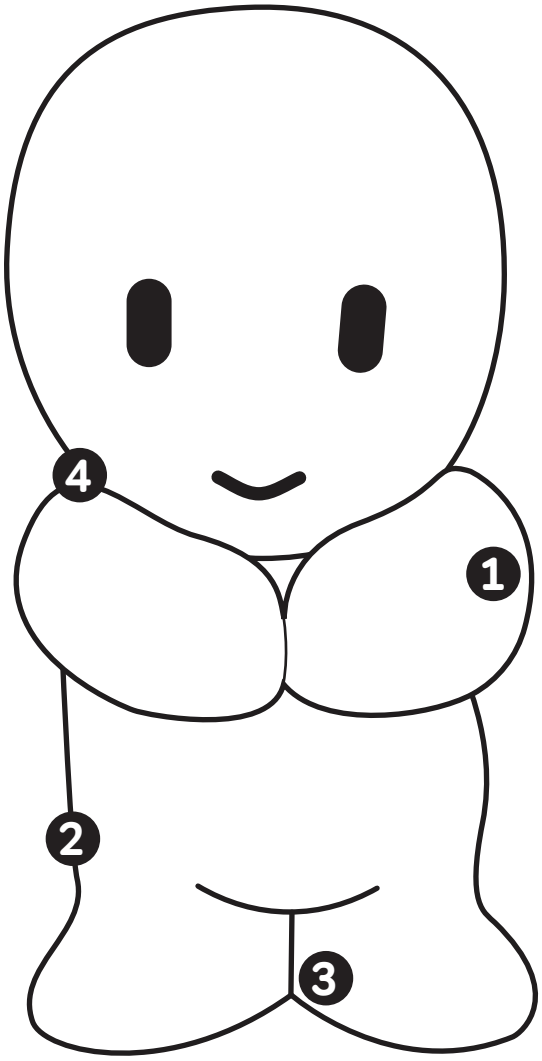
Shaping the body

1 Arms – Using tail from cast on edge, run this through cast on edge and gather. Continue to sew up side arm seam, fill with small amount of stuffing, gather up top edge and fasten off. Sew arms to side of body just under the first and last (shoulder) decreases on Row 42. These should be attached at right angles to the body. Secure 'hand' end of arms at centre of Buddy's chest.

2 Body – Using tail left from cast on edge sew up back of Buddy (we recommend mattress stitch for this) to neck and fasten off. Turn lower part of Buddy inside out and matching the centres of the front and back sew close the seam along the bottom of the feet. Finish at centre seam and push needle and yarn through to right side. Turn Buddy right side out.

3 Legs – Use the previous strand of yarn to work through both layers of knitting using running stitch from bottom of feet up to where Buddy's tummy starts. This stitching should match up centre of Buddy's front and back. Fill Buddy with stuffing closing back of head seam with tail left as you go.

4 Neck – Attach yarn to the base of head with a couple small stitches and then weave this tail though stitches all around. Pull tight and fasten off.



Stitching up the face

Eyes – 10 rows up from increase row for neck and three column of stitches apart in centre of face. Pass threaded needle across stitch three times, moving up slightly each time.

Mouth – Stitch a shallow 'V' seven rows down from the eyes in the centre of the face.

And you're done!

Why not make another? Thank you so much for participating in our Big Knit event!

Once you've knitted your Buddy take a picture and share it with your family and friends to see if they would like to donate £5 to your fundraising page in exchange for the new cuddly Buddy!

If you have any Buddies you don't sell then send them to our office:
Myeloma UK, 22 Logie Mill, Beaverbank Business Park, Edinburgh EH7 4HG

Need support with this pattern or anything related to this event? Reach out in the closed Facebook group or email **fundraising@myeloma.org.uk**