A-Z of **corporate fundraising** ideas

There are so many ways to fundraise and support Myeloma UK.
Here's our A-Z of suggestions to help inspire you, raising much needed funds and bringing the office/workplace closer together through social activity at the same time.

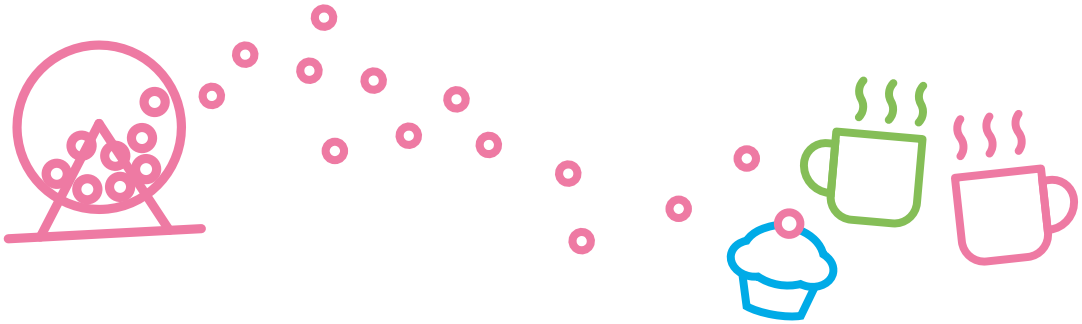
A

Abseil
Join one of many abseil challenges and raise some cash, as well as your stress levels. Get in touch to find out where and when.

B

Bingo
11 million people play bingo every week. Join the fun by hosting a bingo night, you could even add a theme.

BBQ
Hold a staff BBQ and invite friends and family along and make it a really lively event.



C

Coffee morning
Holding a coffee morning is a f*abrew*lous way to raise money. Catch up with colleagues over a cuppa and invite your neighbouring businesses so you can get to know who else works around your area.

coffee.myeloma.org.uk

Charity of the Year
Nominate Myeloma UK as your employer's charity of the year or as a charity partner.

myeloma.org.uk/partnership

D

Darts marathon
Team up with your colleagues to create a team of dart champions and see who has the best throw!

Dinner party
Set up an inter team Come Dine With Me challenge to see which team has the best culinary and hosting skills.

E

Event sponsorship
Get in touch to talk about Myeloma UK event sponsorship opportunities, such as our iconic London Paris Ride.

fundraising@myeloma.org.uk

Entrepreneurs' day
Invite staff and colleagues to participate in pitching their ideas Dragon's Den style.

F Fancy dress day

Try and get everyone involved and make a small donation for doing so. Or, if you're feeling brave, get sponsored to dress up as something funny and go out completing your daily tasks.

G Games night/afternoon

Bring your favourite board games in and compete to see who the games champion is in your team.

Golf tournament

Ask your golf club about hosting a golf tournament sponsored by your business/workplace and get other businesses to sponsor each hole too.

H Halloween party

Play games, turn up the classic Halloween tunes and the obligatory fancy dress. Offer a prize for the best costume. Your party will become the must-attend event on everyone's calendar!

I International food party

Invite your colleagues to a lunch where everyone brings their traditional dish in place of lunch and charge a fee per head.

J Jurassic Coast Hike

Join us in September for a 2-day hike starting and finishing in Weymouth covering 21 miles including some steep climbs but all tinged with amazing scenery.

hike.myeloma.org.uk

K Karaoke night

At home or a local venue, ask people to give a donation to sing their favourite songs (or give a gift to keep them quiet!).

L Ladies day at the spa

Get your female colleagues together and throw a ladies day (or evening). The first challenge will be getting a date in the diary.

Last hours pay

Donate your last hour's pay each month and encourage others to do the same. Use your employers match funding policy, if they have one.

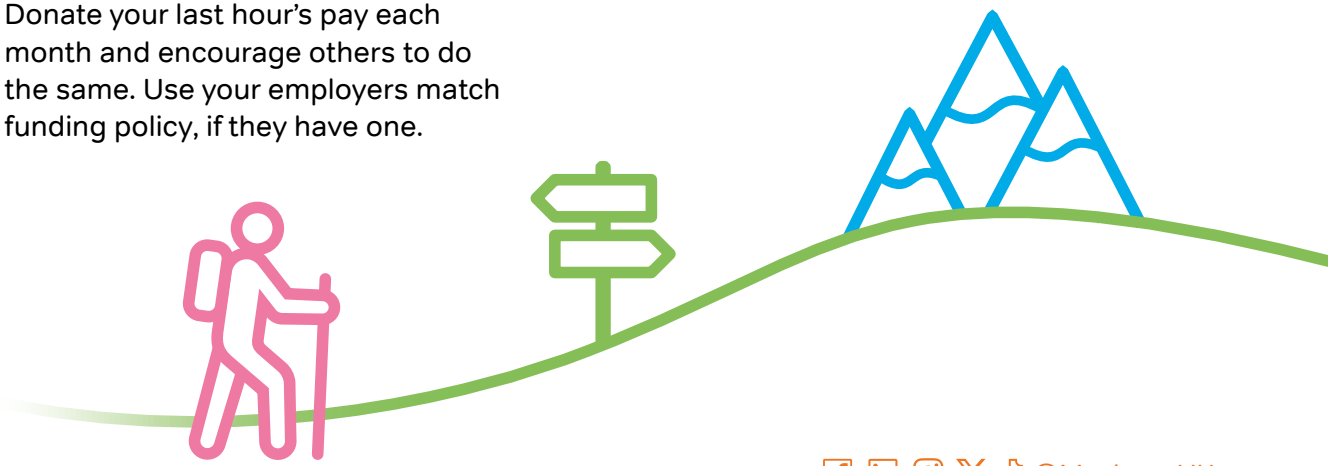
M Marathon

For those who love to run, a marathon is the perfect way to truly challenge yourself. We have places in many around the UK and abroad. Ask for more details.

Not a runner? You could do a challenge over 26.2 hours or 26.2 miles – a sponsored silence, danceathon, jokeathon, rollerblade, swim or even unicycle...

Miles for Myeloma

Get active while also raising money. Set your team a challenge to complete Miles for Myeloma. You set the distance and decide how to tick off the miles. Walk, jog, row, scoot? Or how about putting a treadmill or bike in your workplace?



N Night at the races

Race nights are cram packed with fun and If you can arrange for a room at a local venue free of charge even better. Elect a 'bookie' and raise money from bets and sponsoring a horse each race with half money going to winning trainer and half going into the charity pot.

Nominate us

Does your company already support charities through a staff nomination scheme? If yes, then please nominate Myeloma UK.

O Obstacle race

Sign up to take part in an organised obstacle race like a Wolf Run, Tough Mudder or Spartan Race.

P Pamper party

Host a pamper party/spa evening. Invite your local college trainees along with their tutors to use as practice and charge a set fee to donate to Myeloma UK.

Payroll Giving

A very tax efficient way of donating through your salary and simple to set up with a £10 donation being worth up to over £16 in some cases.

Photo competition

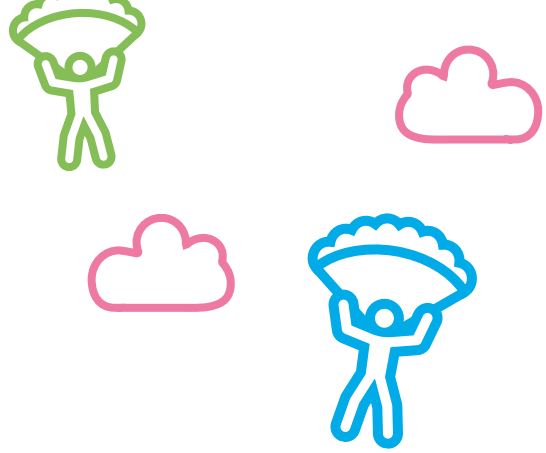
Quick, easy and funny with staff paying to enter and guess the baby/teen photos of colleagues or a collecting under each one on the notice board.

Q Quiz night

Host a quiz at your workplace, local pub or another venue. You could choose to have a theme like movies or even a Quotes Quiz Charge a fee per team and ask your employer and local businesses to donate prizes.

R Raffle

Use stock for raffle prizes. Ask your local contacts, neighbouring businesses, etc. and organise a raffle.



S Skydive

Imagine jumping out of a plane at 10,000 feet and enjoying incredible views as you glide back to earth with your instructor. If you are jumping with 10 colleagues or more and we can arrange a bespoke day for you with great PR opportunities.

myeloma.org.uk/skydive

T Three Peaks Challenge

Lace up your hiking boots and climb the three tallest peaks in the UK – Snowdon, Scafell Pike and Ben Nevis. Or want to stay local to keep logistics simple, do the 3 peaks local to you.

U Ultra marathon

A marathon not enough? Keep going! We can arrange places in many of these in almost every geographical location around the UK.

V Valued customers

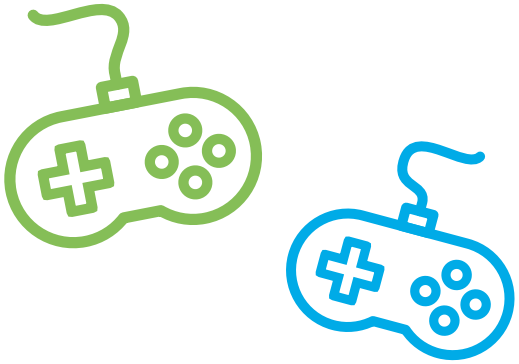
Donate £1 for every Google/customer review given and encourage feedback through charitable donation.

Vegas night

Host a Vegas night! You could combine it with corporate dinner, ball or wine tasting event. Whether you've never played a casino style game or you're a poker-faced pro, there will be something for everyone. Knowing all of your winnings will make a difference makes us all winners. Just remember to gamble responsibly.

Video game marathon

Hold a 24-hour (or longer!) video gaming marathon with your colleagues. Stream your efforts to promote it and raise more money.



W Wine tasting

Sip wine and socialise while you raise money. You could raffle some of the wines you are tasting. Remember to drink responsibly.

Winter Olympics

Arrange an indoor Winter Olympics with mini indoor curling, Skateboard Slalom challenge, and get the team working together to be crowned Olympic Champions of the office.

X Xmas craft sale

Hold a Christmas Fayre and donate the proceeds.

X Factor

Taking the talent show to the next level.

Y Yoga

Organise a marathon long class or try to keep your favourite yoga pose for as long as you can.

Z Zip wire

Arrange a team activity and glide through the air on a zip wire.

If you're feeling inspired, then we'd love to hear from you!

Sign up today and get your free fundraising pack:
myeloma.org.uk/fundraising

Our Company Partnerships team will help you with any specific needs or requests you have and are happy to answer any questions you may have, so please ask.

fundraising@myeloma.org.uk
0131 230 0429

Together, we are the cure.

@MyelomaUK

Myeloma UK 22 Logie Mill, Beaverbank Business Park, Edinburgh EH7 4HG
Registered Charity No: SC026116